

August 2023 Bucks CSP Committee Minutes

Meeting Guidelines – Respect start and stop on time, maintain confidentiality, mindful of others, respectful of one another, zero tolerance of discrimination.

“What is CSP?”, CSP Wheel, and CSP Principles Review

Introductions

Budget

Remaining balance from last fiscal year: \$544

Remaining balance for this fiscal year: \$8,940

Roll over of sponsorship from picnic: \$1,460

Picnic Planning Committee Report

We’re starting to plan our 2024 Picnic.

Picnic Planning Committee meets first Tuesday of every month from 4-5 pm (same Zoom link as general committee).

Save the date flyer coming shortly.

Scheduled for 5/3/24 and rain date 5/17/24.

Question: will there be a bus for attendees? Answer: Funding from sponsorships could go to renting a bus. This needs to be explored further.

Advocacy Subcommittee

To identify and pursue possible advocacy projects. Discussion about skipping the info session and starting the subcommittee. (Flyer shared)

Suggestion: CSP could utilize a survey through email like PAPSC. Answer: This is something we can pursue.

First meeting: October 10th at 11 a.m. via Zoom (same Zoom link as general committee)

Suggestion: We could have an advocacy training for those interested. Answer: Agreed, we could get training through MHP, NAMI, Jason Riligio, trainer from Harvard, or other

Suggestion: The Advocacy Subcommittee could determine who the training comes from.

Question: Is this training something we would have to pay for? Answer: CSP could cover any costs. Question: Could this count toward our professional CEU’s? Answer: Yes

Welcoming Subcommittee

New time: 10 – 11 a.m. on the 1st Wednesday of each month (same Zoom link as general committee)

We need to purchase more promotional materials.

We would like to do more testimonial videos to reach the community on a different level. Topic: Why you find it beneficial to attend CSP.

#mentalhealthmattersinBucks – used across all social media

Community Events/ Education Opportunities

NOVA's Upstander Day 9/17

Warrington Day 9/23

March on Harrisburg 9/27 – Bucks CSP members can attend utilizing the Regional CSP bus. We need to get a headcount first. Please use the Google form or talk to Marissa. Marissa will send out a new flyer. (Ellen, Sue Ireland, Jenna, and Anthony will need new flyer)

NAMI Stride 10/8 (namibucksstride.org)

Hold On You Matter Music and Art Festival 10/20 (holdonyoumatter.com for more information or to submit your music and art to participate)

Organizational Reports (held for time)

Pro-Act – Sent out a Recovery Based Question to Bucks County, Marissa will be sending it out to CSP contacts.

Lenape Valley Foundation – 9/14 at 5:30 p.m. Candlelight Vigil at Courthouse, 10/18 Suicide Prevention Conference

State CSP Meeting Report

Keys to Recovery Conference – PMHCA

10/3 – 10/4 at Dubois Country Club

CSP will not be sending any representatives to this Conference this year, due to budget constraints. This is something we could pursue next year.